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## Plan Overview

*A Data Management Plan created using DMPonline*

**Title:** my AN298 project

**Creator:**Isabella Shakil-Woodford

**Affiliation:** London School of Economics and Political Science

**Template:** Data Management Plan for masters & undergraduate students

### Project abstract:

**My project explores the the association between music and mental health. I am researching how music, singing in particular, affects individuals mental health and wellbeing. I am researching a choir named 'Mind and Soul' choir, which is located at Maudsley hospital in Denmark Hill, a psychiatric hospital canteen post visiting hours. I have joined the choir and am participating in their sessions alongside chatting to the other remembers and the musical director.**

**ID:** 145421

**Start date:** 16-01-2024

**End date:** 12-05-2024

**Last modified:** 12-05-2024

### Copyright information:

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# my AN298 project

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## Cyber Security Awareness

Can you confirm that you have completed the cyber security awareness course?

- Yes

## Overview

### Name

Isabella Shakil-Woodford

### LSE Email:

i.shakil-woodford@lse.ac.uk

### Department:

Anthropology

### Supervisor name:

Professor Catherine Allerton

## Project Details

### Dissertation/ project title:

How music heals

Please summarise your research question in no more than three sentences:

My project originated from my own personal experience with music drastically improving my mental health. I am therefore researching how music impacts individual's wellbeing and way of existing.

## Data Collection

Will you be using any secondary data for this project? Please outline what kind of secondary data you will be using below:

No, I will only be using primary data.

Will you require access to any secure datasets i.e. datasets to which LSE Library does not have a subscription, which

**will need to be requested directly from the supplier:**

- No

**Will you require access to any internal LSE datasets for this project?**

- No

**Will you be collecting primary data from research participants?**

- Yes

**What research methods will you use for data collection (You can select as many as apply)**

- Interviews
- Observations

**Please can you describe how you plan on conducting data collection using these methods:**

I will conduct data collection by attending the choir sessions and observing the other members alongside engaging in conversation with them.

## **Research Ethics**

**Please explain how you will collect informed consent:**

I will let the members of the choir know why I am there and what university I attend when I introduce myself. I will seek oral consent from everyone and I will not seek it constantly however I will reiterate what I am researching and doing there on multiple occasions. So far I have done so at the start of every session as I reintroduce myself to the group. I will ensure that I have gained consent especially from the people I refer to in my report. I will always tell participants that they are under no obligation to share anything with me and at any point if they feel uncomfortable or don't want certain information shared, I will instantly revoke it. I will further anonymise all participants.

**Once you have collected proof of consent, you will need to store it safely. Please can you explain below how you plan to do this:**

I will anonymise all participants and use pseudonyms where needed. Of course certain information especially in the mental health field is more identifiable so I will either create characters based off of participants to remove any possibility of identification or ensure I have clear written consent for blatantly identifiable information. My field notes are on my phone however are password protected. I will not be audio recording any of the interactions.

**Have you submitted a research ethics review for this project?**

- Yes

**If you are collecting primary data from research participants, you are required to anonymise the dataset so that individuals are not identifiable. How do you plan to do this?**

By either using pseudonyms or creating new characters/personas to reflect certain members who I will give the same characteristics.

**Are there any circumstances where you will not anonymise research participants?**

- No

## **Data Protection**

**Do you believe your research will require you to fill in a [data protection impact assessment](#)?**

- No

## **Data Storage & Security**

**Are you the lone researcher on this project or do you have collaborators?**

- I am the lone researcher

**Will you require any additional research tools to complete your project?**

- No

**What hardware will you require to complete this project (you can select more than one option):**

- Other
- LSE Laptop/ desktop PC
- Personal phone

**Do all personal devices used on this project meet the LSE's [minimum standards for device level security](#)?**

- Yes

**Are all personal devices used on this project secured with passwords that meet the standard of the LSE [password policy](#)?**

- Yes

**Where will you store your dissertation/ research project while you are working on it:**

- Other

**You selected 'Other.' Please can you explain below where you will store your dissertation/ research project while you are working on it:**

I will be storing it on my personal devices and google docs.

**Where will you store any primary data you collect during the research process:**

- Other

**You selected 'Other.' Please explain below where you will store any primary data you collect:**

I will be storing it on my personal devices and google docs.